Score BIG
July 2015
with a HEALTHY TEXAS MEAL

Kids, cantaloupes are in season!
The melon's vibrant color shows it is vitamin rich. They have vitamin C, which benefits your immune system. Give this healthy and refreshing treat a try this month.

Monday	Tuesday	Wednesday	Thursday	Friday	
Texas Scores Big Did you know that cantaloupes are also called muskmelons. Fun to say! Next time you're shopping for cantaloupes look for the GO TEXAN mark—it identifies Texas items. Score big points when you go shopping by purchasing Texas products. GO TEXAN.		SAUSAGE BISCUITS GRAVY ASSORTED CEREAL JUICE MILK **1**	JULY 4TH WEEK END **2**	JULY 4TH WEEK END **3**	*Good Eats at* **TIOGA ISD**
ASSORTED CEREAL JUICE MILK **6**	EGGS, ASSORTED CEREAL, JUICE, MILK **7**	PANCAKES, ASSORTED CEREAL SYRUP, CEREAL, JUICE, MILK **8**	CHICKEN BISCUITS ASSORTED CEREAL JUICE MILK **9**	ASSORTED CEREAL JUICE MILK **10**	*Special Announcements* **MENU IS SUBJECT TO CHANGE HAVE A HAPPY INDEPENDENCE DAY TECDC CLOSED JULY 2ND THRU JULY 5TH OPEN JULY 6TH**
ASSORTED CEREAL JUICE MILK **13**	BREAKFAST BAGEL ASSORTED CEREAL JUICE MILK **14**	SAUSAGE BISCUITS GRAVY ASSORTED CEREAL JUICE MILK **15**	BREAKFAST PIZZA ASSORTED CEREAL JUICE, MILK **16**	ASSORTED CEREAL JUICE MILK **17**	TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER
ASSORTED CEREAL JUICE MILK **20**	EGGS, ASSORTED CEREAL, JUICE, MILK **21**	PANCAKES, ASSORTED CEREAL SYRUP, CEREAL, JUICE, MILK **22**	CHICKEN BISCUITS ASSORTED CEREAL JUICE MILK **23**	ASSORTED CEREAL JUICE MILK **24**	*"Pecos Cantaloupe Sorbet" Recipe* **3 cups cantaloupe** peeled, seeded, 1 inch pieces **2/3 cup sugar** **1/2 cup water**
ASSORTED CEREAL JUICE MILK **27**	BREAKFAST BAGEL ASSORTED CEREAL JUICE MILK **28**	SAUSAGE BISCUITS GRAVY ASSORTED CEREAL JUICE MILK **29**	BREAKFAST PIZZA ASSORTED CEREAL JUICE, MILK **30**	ASSORTED CEREAL JUICE MILK **31**	Search for the Pecos Cantaloupe Sorbet recipe here: www.gotexan.org/ExperienceGOTEXAN/Recipes. There you will find instructions on how make this refreshing summertime treat.